

FOR IMMEDIATE RELEASE

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Who Will Make Healthcare Decisions for You?

*ElderServe Will Educate on Advance Care Planning
for National Healthcare Decisions Day*

LOUISVILLE, Ky. (April 2, 2018) – If a car accident left you in a coma tomorrow, who would make your healthcare decisions? Are you sure that they would make the same choices as you?

April 16 is National Healthcare Decisions Day, and to mark the occasion, ElderServe invites the public to a free presentation on planning for who can make healthcare and end-of-life decisions when you can't.



“Nobody wants to imagine being incapacitated, but advanced directives are actually empowering. They allow you to express – in writing – your wishes,” says Dianne Feltham, ElderServe’s Social Services Manager and the regional NHDD liaison. “And they are a gift to your loved ones, easing their burden during times of crisis or grief.”

To learn more about advanced care planning, please join ElderServe at its Senior Center, 631 S. 28th St., at 2 p.m. April 16. The Living Will packet from the Kentucky Attorney General’s website (ag.ky.gov) will be available, and notaries will be on hand for individuals who want to complete their directives that day.

“The forms are not complicated and do not require a lawyer,” said Feltham, who will cover:

- What the available choices are and their meanings
- How to choose your healthcare proxy.
- How the document should be distributed.
- How often to update it.

The presentation is open to anyone, but is especially important for those 18 and older. For individuals who cannot attend, the National Healthcare Decisions Day website (nhdd.org) has a wealth of information and videos – including a “conversation starter” toolkit.

ElderServe, located at 215 W. Breckinridge St. and formed in 1962, is one of Louisville's largest non-profit organizations devoted to seniors. Its mission is to empower older adults to live independently with dignity. The organization provides services to more than 2,000 older adults annually through multiple programs with four areas of focus: supporting independence, overcoming social isolation, protecting seniors and promoting wellness. Services include home care, crime victim support, financial management and court-appointed guardianship. ElderServe also operates one of the few adult day centers in northwestern Jefferson County, along with a Senior Center, both located at 631 S. 28th St. For more information and a complete list of programs, visit <https://elderserveinc.org> or call 502.587.8673.

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