

Empowering Seniors

May Activity Calendar 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Tai Chi 9a Music 11a Bible Study 1p Bingo 2p	2 Line Dancing 10a Exercise 11:30a Bingo 2p
5 Tai Chi 9a Aerobics 11a Make It Monday's 1p	6 Line Dancing 1p Music 11a Walking Club 12:30p	7 Exercise 11a Puzzle Club 1p Bingo 2p	8 Tai Chi 9a Music 11a Bible Study 1p Bingo 2p	9 Line Dancing 10a Exercise 11:30a Movie 12p Bingo 2p Happy Mother's Day Sunday, May 11th
12 Tai Chi 9a Aerobics 11a Make It Monday's 1p Gentle Movement 2p	13 Line Dancing 1p Music 11a Walking Club 12:30p	14 Exercise 11a Puzzle Club 1p Bingo 2p	15 Tai Chi 9a Music 11a Bible Study 1p Bingo 2p	16 Line Dancing 10a Exercise 11:30a Bingo 2p
19 Tai Chi 9a Aerobics 11a Make It Monday's 1p	20 Line Dancing 1p Music 11a Walking Club 12:30p	21 Exercise 11a Puzzle Club 1p Workshop- 10 Tips to boost energy Bingo 2p	22 Tai Chi 9a Music 11a Bible Study 1p	23 Line Dancing 10a Exercise 11:30a Movie 12p Bingo 2p
26 *** CLOSED ★ IN OBSERVANCE OF ★ MEMORIAL DAY	27 Line Dancing 1p Music 11a Walking Club 12:30p	28 Exercise 11a Puzzle Club 1p Bingo 2p	29 Tai Chi 9a Music 11a Bible Study 1p	30 Line Dancing 10a Exercise 11:30a Movie 12p Bingo 2p Birthday Celebration

See Sr. Center Director with any questions or concerns.
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